

BASKETBALL P.E.

INTRODUCTION

Welcome to Basketball Physical Education. This class is designed for students who enjoy playing basketball. Whether you are a varsity athlete or a recreational player, basketball p.e. provides the opportunity for students to improve skill, develop fitness and hopefully have a lot of fun. **IF YOU DO NOT LIKE PLAYING BASKETBALL, THIS IS NOT THE CLASS FOR YOU!**

REQUIREMENT

This class fulfills the requirement of a second year of physical education that all students need to graduate from Bear River High School. It can also be used for elective credits for those who have already fulfilled their p.e. requirement.

DRESS

Students are required to wear clothes suitable for playing basketball. This includes proper gym shoes and socks, gym shorts and a t-shirt. Students can wear sweats over their shorts and t-shirts.

LOCKERS

All students will receive a locker. It is imperative that all students use their lockers. Although the locker room will be locked during class time, securely locking personal items in lockers is required to help prevent theft.

ILLNESS OR INJURY

Anytime a student is ill or physically unable to participate in p.e., a note from a parent or guardian with a phone number needs to be given to the teacher. If the length of non-participation is more than 3 days, a doctor's note is required. Students who can not participate still need to dress in appropriate basketball p.e. dress in order to earn points for class.

MISSED CLASS

Students with excused absences will be allowed to make up missed days during Bruin Time. Each mile run will count for making up a missed day.

GRADING

Each day in class is worth 5 points. Students can lose points by being tardy, non-participation, not dressing appropriately for class, and unsportsmanlike behavior.

A=90-100%

B=80-90%

C=70-79%

D=60-69%

GENERAL RULES

- 1. Be prepared and willing to participate daily.**
- 2. Challenge yourself to do your best.**
- 3. Be to class on time.**
- 4. Respect others and yourself.**
- 5. SAFETY ALWAYS COMES FIRST!**

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